

# **Supporting each other in Compton Bassett in the event of self-isolation**

**Have you been told that you need to self-isolate?**

**Do you need some support?**

As you know, the UK could be significantly affected by COVID-19 and there is the possibility that over the coming weeks some of us will be advised to self-isolate.

Compton Bassett Parish Council will be coordinating members of the village who are prepared to support people identified as having COVID-19, or those who have been told to isolate themselves by staying indoors, and may need help.

If you have been told to isolate and you need help with essential shopping or collecting medicines, contact one of the team using the details below.

You are not alone. A member of our local community will contact you to provide appropriate support.

This is not an alternative to the NHS or social services; it will simply be local residents looking after each other.

## **Main contact:**

Name: Pete Szczesiak

Telephone number: 01249 815006

Email address: peter.szczesiak01@gmail.com

## **Alternative contact:**

Name: Laurie Waite

Telephone number: 01249 815995 or 07831 131171

Email address: lauriewaite@hotmail.com

Public Health England (PHE) has advised people who are self-isolating to do what they can to avoid visitors to their home. Any deliveries of groceries, medications or other shopping should be left at the door so please ensure that when you are providing support this advice is followed.

**Would you be prepared to help a villager in this way? Please let us know so that we can increase the number of volunteers.**

**Thank you for all your support**

**Compton Bassett Parish Council**